

WHAT IS DRY NEEDLING?

Dry needling is a clinical treatment that utilizes a very small diameter needle placed into painful soft tissue (muscles, tendons, capsules, ligaments, etc).

The placement of the needle is based on the patient's *unique evaluation findings* to directly address each patient's pain and dysfunction.

The small needle used in dry needling varies in length depending on where in the body the needle is placed- safety is always the main focus of treatment!